"Family Matters": Understanding the Family Dynamics of Substance Abuse Workshop October 21, 2011 ♦ Montgomery, AL



Workshop provided by; Alabama Counseling Association – Chapter VII, Alabama State University Counselor Education Dept. and SCATTC

About the Trainer



Rosa West, PhD is currently Vice President of Specialty Programs & New Initiatives for Meridian Behavioral Healthcare in Gainesville. Dr. West holds a Doctoral Degree from the University of Florida in Counselor Education, specializing in Marriage & Family Counseling. She is a Licensed Mental Health Clinician and a Licensed Marriage & Family Therapist in the state of Florida and has worked in the field for over 10 years with expertise in family/couples therapy, co-occurring disorder treatment, specialized services for women & minorities, and utilization of process improvement tools. Dr. West also has extensive experience in Cognitive Behavioral Therapy, Motivational Interviewing, and Motivational Enhancement Therapy.

Don't miss this training opportunity in Understanding the Family Dynamics of Substance Abuse!

Understanding the Family Dynamics of Substance Abuse, Addiction does not develop in isolation but often within the context of troubled family systems and disrupted living patterns. Substance abuse is a family disease where abuse by one family member affects the whole family unit. This workshop focuses on understanding the origins of addiction, addresses the impact of substance abuse on the family, explores patterns of addictive behavior, and provides instruction on the use of effective family interventions and treatment strategies from a family-centered approach. Family systems from various theoretical frameworks will be discussed with emphasis on implications for counselors working in the treatment of substance abuse disorders.

Attendees will explore the family dynamics of substance abuse and participate in a series of hands-on learning activities designed to increase awareness and understanding of substance abuse. Participants will be able to:

- 1. Conceptualize addiction from a family systems perspective.
- 2. Identify family origins, relationship patterns, and addictive behaviors.
- 3. Recognize family factors which increase or reduce the risk of developing an addictive disorder.
- 4. Understand co-dependency and its impact on family dynamics and substance abuse.
- 5. Understand how family patterns of interaction contribute to the maintenance of substance abuse.
- Use practical interventions and strategies to address substance use within families; including family systemic models of therapy.

DATE and LOCATION:

October 21, 2011 8:30 – 4:00 p.m.

Alabama State University – Ralph Abernathy Hall 1625 S. Hall Street Montgomery, Alabama 36104

Should you require special accommodations, please notify, Vincent Dwavne Hinton at 334-229-4766

Regular Registration: \$25; Students \$10.00

6 Continuing Education Units/Contact or Credit Hours with full attendance

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

HOW TO REGISTER: Complete the registration form attached to this flyer. For more information, call LaShanda Farmer, Southern Coast ATTC at 850-222-6731.



REGISTRATION FORM

"Family Matters": Understanding the Family Dynamics of Substance Abuse

Alabama State University, Ralph Abernathy Hall – College of Education 1625 S. Hall Street, Montgomery, Alabama 36104 October 21, 2011

(Please Print)	
Name	
Agency Name	
Address	
City/State	Zip
PhoneEmail_	
Continuing Education Credits/Hours needed?YesNo	
Contact: LaShanda Farmer-850-222-6731 FAX form to 850-222-6247 or Email to LFARMER@SCATTC.ORG	
Regular Registration \$25.00; Student Registration \$10.00 Make checks payable to Florida Certification Board/SCATTC Checks can be mailed to: 1715 S. Gadsden St., Tallahassee, FL 32301 OR Master Card or VISA accepted	
Credit Card Number	Exp. Date

Deadline for registration October 14, 2011

6 CEUs or Clock/Contact hours provided by SCATTC

National Board for Certified Counselors (NBCC) #6344
Florida Certification Board Provider #5033-A, Exp. Date 12/31/2011
Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health
Counseling Provider #50-1836, Exp. Date 03/31/2012
Florida Board of Nursing Provider #50-1836, Exp. Date 10/31/2012
Florida Board of Psychology Provider #50-1836, Exp. Date 05/31/2012
NAADAC provider #516, Exp. Date 12/31/2011